



End of Term Bulletin

Issue No. 170921

Thursday 21st September, 2017



Year 12 Graduation Assembly

Taking place on:

Friday 22nd September, 10am

Calendar & Notices



SEPTEMBER

- 22.9.17 End of Term - HSC Prayer Breakfast
- 22.9.17 Year 12 Farewell Assembly commencing at 10am

OCTOBER

- 9.10.17 Staff Curriculum Day
- 10.10.17 TERM 4 - Commences for Students
- 11.10.17 Tumble Monkeys
- 12.10.17 Yr 1-6 Gymnastics at NCA Lismore
- 18.10.17 Yr. 7 - 2018 Orientation -Get to Know You
- 18.10.17 Yr 7 Vaccinations
- 25.10.17 Yr. 7 - 2018 Orientation -Experiencing High School

For all events please see school webpage calendar:

<http://ccs.nsw.edu.au/events/>

Or find calendar and events using the School APP.

Tumble Monkeys is on for first week only of the school holidays! (27th Sept)



CANTEEN

22.9.17 - No regular Canteen

Thank you to all the helpers and volunteers who have assisted with Canteen this term. We value your contribution!

**Uniform shop
Opening Hours**

**Monday 8am-11am
Wednesday 1pm-4pm**



As you know, our school has been participating in Woolworths Earn & Learn. The program has now finished for this year, so a big thanks to everyone who supported our school. We're now at the important stage of the program where the Sticker Sheets are collected and lodged as our Earn & Learn claim. We will then be able to get new educational equipment for our school. The more we collect, the more we can redeem. So this week, please send in your Woolworths Earn & Learn Sticker Sheets and any loose Earn & Learn stickers you may have. Remember to check your handbag, the car glove box or they maybe stuck on the fridge. Every little bit helps. Thanks again for all your support!



Primary Reports

Primary Semester 2 Reports are currently being prepared by teachers. They will be sent home early next term. **Parent/Teacher interviews conducted in Week 3, Term 4.**

Principal's Message

Parenting Ideas

We all want to be great parents and continue to improve in the way we fulfil our roles. Over the next three newsletters, I will be publishing some advice from **Michael Grose**, who holds a Master of Educational Studies with research into what makes healthy families tick. Each week we will consider five parenting ideas that you may like to implement in your family.

Parents have two things in common. Firstly, every parent experiences some challenges or difficulties at some point raising kids. Whether it's managing challenging behaviour, keeping a child's chin up when life doesn't go their way or helping a young person handle the ups and downs of adolescence – every parent must deal with challenges along the way.

Secondly, all parents want their children to thrive and flourish. That means we need to love our kids confidently, rather than protect, pamper and problem-solve for our kids.

Here are (the first five of) fifteen parenting ideas to help your kids thrive and in doing so, may reduce the number of parenting challenges you experience along the way:

1. When kids can, let them do

The independence mindset that we promote here at Parenting Ideas means that parents look for as many opportunities as possible to develop self-sufficiency in children. When kids can get themselves out of bed in the morning we allow them to do so. When a toddler can clear her plate and spoon away we encourage her do so. When a teenager can catch a train into the city we allow him to do so, even though we may be uncomfortable about letting go. Self-esteem and confidence is built by kids gaining mastery over their world and doing the little things that we as adults so often do for them.

2. Develop a growth mindset

This generation shouldn't grow up like past generations thinking that their natural abilities set the tone for the pattern for the rest of our lives. If you think that you'll never be good at maths/writing/sport/whatever, then you have a fixed mindset. We now know that talent and smarts aren't fixed- they evolve over time with practice and effort. There's a lot parents can do to develop a growth mindset in kids. Start by linking your child's success with effort rather than linking it to natural ability. You want your child to grow up believing that hard work and strategy have as much to do with their success in any area as their natural ability.

3. Encourage them to play

Adults are very fond of organising environments for kids to enable learning and maximise their development. Kids' lives are full of organised after school activities including sports practice, music practice and swimming lessons. There's not much time for mucking around these days. Self-initiated play, particularly when it occurs outside is great for kids' confidence. Left to their own devices kids often take risks that would make adults shudder, if only they knew about them. But it's through risks such as climbing trees, building cubbies and navigating their neighbourhood that kids learn to extend themselves and develop skills that they didn't know they had.

4. Give them some tough stuff to do

Life in the twenty-first century is comfortable for most of us. We've eradicated most of the hardship from life so that most kids in developed countries like Australia wake up on a winter morning with a full stomach, a warm house and the prospect of being driven to school. Nothing builds confidence like a deep appreciation for what you have and an understanding that you can put up with some hardship and discomfort so consider ways you can disrupt deep comfort levels. Maybe they have to do some chores (make their lunch/their bed/feed a younger sibling) in the morning; maybe they should walk to school; maybe they can do without morning tea if they leave it at home. Maybe..... I'm sure you can think of your own ideas to help them feel familiar with discomfort.

5. Make sure they do something that someone else relies on

So what does your child do that someone else relies on? Does he feed the dog? Empty the dishwasher? Help his sibling with homework? Assuming responsibility builds kids' confidence. We often give responsibility to kids who we know can carry out the responsibilities without a hitch, not the kids who really need it as they sometimes struggle and won't do it right.

Graeme Jolliffe
Acting Principal



Camp Photos



High School Students had a blast this week at this year's school camp. They participated in a whole range of adventures and activities including: mud challenges, laser skirmish, archery, a tree-top rope course and much more.

Thanks to all those involved in making this a memorable time for our young people.

Please note: For all lost property inquiries please see Mrs Walls.



Year 7 Orientation



Year 7, 2018 Orientation

- Wednesday 18th Oct - Get to Know you
- Wednesday 25th Oct - Experience School Life

The future is bright! We are excited to induct and welcome our future Year 7 students as they get ready to continue their journey into Secondary School.

Get excited for High School



*Grow in Grace
and Knowledge*
2 PETER 3:18